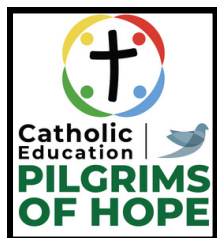


OCTOBER 18, 2024



# FALCON NEWS

THE OFFICIAL NEWSLETTER OF ST. AUGUSTINE CATHOLIC SECONDARY SCHOOL



27 Drinkwater Road, Brampton L6Y 4T6

Phone: 905-450-9993

@StAugSS | @StAugSS

Email: [St.AugustineInfo@dpcdsb.org](mailto:St.AugustineInfo@dpcdsb.org)

Website: [www.dpcdsb.org/AUGST](http://www.dpcdsb.org/AUGST)

## In this issue:

Important Dates

Halloween Guidelines

Club Fair

Senior Sunrise

IDPAD Quilt

Truth & Reconciliation  
Week

Classroom Activities

Sports

Reminders



St. Augustine's Student Goals

## PRINCIPAL'S MESSAGE

From Principal Maloney

IG: @principal\_maloney

St. Augustine C.S.S. has three goals for each student:

1. **Achievement**
2. **Involvement**
3. **Accountability**

Student involvement in Spirit Days, Special Events, Clubs, and any potential Civvies Days are funded by School Activity Fees. **Our Activity Fee for the 2024-25 school year is \$45.** There are a number of students that have not yet paid this fee. Students who do not pay the Activity Fee will be charged for these special school events if they wish to participate. If there is a financial concern and you need to arrange a payment plan or are unable to pay this \$45 Activity Fee, please contact the school to speak to your child's Vice Principal. Thanks for your attention to this.



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# St. Augustine Catholic Secondary School

Dufferin-Peel CDSB


## SECONDARY SCHOOL INFORMATION NIGHT


Prospective students and their families are invited to learn more about the fantastic opportunities that St. Augustine Catholic Secondary School provides, including academics, specialty classes, sports, the arts and music. Join us to learn more about our courses, extracurricular activities, academic and experiential learning programs that can help your child prepare for their future.

**NOVEMBER 13, 2024 @ 6:00-7:30**

### INFORMATION

- Presentation begins at 6:00pm
- Guided tours after presentation until 7:30pm
- Academic Excellence
- Athletics & Clubs
  - Construction
  - Transportation
- Student Leadership Opportunities

 @STAUGSS, @AUGUSTINEFALCONS\_\_

 @STAUGSS

27 Drinkwater Road  
Brampton, ON  
L6Y 4T6

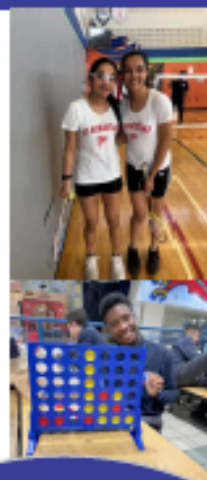
Phone: 905.450.9993

Fax: 905.450.0955


Email: [st.augustineinfo@dpcdsb.org](mailto:st.augustineinfo@dpcdsb.org)



*Home of the Falcons*



# IMPORTANT DATES



**October 23** Bus Driver Appreciation Day

**October 28** School Presentation - P.E.A.C.E.

**October 31** Halloween Spirit Day - Dress up in a Costume\* or in Orange & Black (\*See Guidelines p.4-5)

**November 4-8** Treaties Recognition Week

**November 6** Take Our Kids To Work Day

**November 11** Remembrance Day

**November 13** Secondary School Information Night, (*Formerly Gr. 8 Night*), 6-7:30 p.m.

**November 27** Academic Awards Ceremony, 8:30 a.m.

**November 27** Catholic School Council Meeting, 6:30 p.m.

**November 28** Semi-Formal, 5-10 p.m.





# HALLOWEEN SPIRIT DAY DRESS IN COSTUME OR IN ORANGE & BLACK

## HALLOWEEN COSTUMES

### Equitable and Inclusive Education Best Practices

At the Dufferin-Peel Catholic District School Board, we work collectively to fulfill our vocational call as Christians by ensuring that all are welcomed, included and valued. As a system we know that equity and inclusion are valuable contributors to overall student success and as a faith-filled community we are committed to ensuring that all students are engaged and feel welcomed and included in every aspect of school life. The DPCDSB seeks to uphold the human dignity of all as we are all created in the image and likeness of God.

#### Why is this Important?

When choosing a costume for Halloween, be mindful of the way your choices impact those around you. Ensure that your costume choice does not dehumanize anyone, in particular, any group that experiences oppression due to systemic barriers.

It is important to note that in compliance with Ontario's Human Rights Code, The Code prohibits actions that discriminate against people based on a protected ground in a protected social area.

Some of the protected areas include, but are not limited to: Ancestry, Colour, Race, Ethnic Origin, Place of Origin, Religion, Creed, Disability, Gender Identity, Gender Expression, Sex and Sexual Orientation.

#### Impact over Intent

Concerns arise when people consider using characteristics, stereotypes and stigmas of a culture – clothing, accessories, skin color, and/or religion – and replicating them into a costume. Consider impact over intent. Whether it is intentional or not, wearing certain costumes has real consequences and negatively impacts the people that deal with this kind of discrimination on a daily basis.

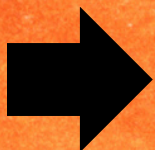
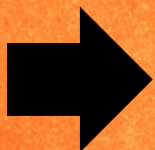
#### Safe and Inclusive

It is important to keep Halloween safe and inclusive by leaving culturally insensitive, racist and sexist stereotypes out. Protecting and upholding the human rights and dignities of all individuals is a shared responsibility and choosing a costume that is offensive, hurtful or potentially harassing and/or discriminatory in nature goes against the Catholic Social Teachings and values of inclusion here at the DPCDSB.

**Culture is not a costume.** Trying on another race, culture or identity contributes to stereotypes and causes real harm to communities that have been historically marginalized and who continue to face systemic oppression today.

**Gender Identity is not a costume.** Gender stereotypes have been used to perpetuate harm. Should you choose to dress as the opposite gender, consider whether you are mocking gender traits or enforcing harmful gender stereotypes.

Full uniform  
is required  
if not  
participating





# HALLOWEEN SPIRIT DAY DRESS IN COSTUME OR IN ORANGE & BLACK

## Ask yourself:

- Does this costume make fun of human traits, identities, cultures, or race?
- Does this costume reduce culture or identity to stereotypes?
- Who might be harmed by my choice of costume?
- Is this costume depicting and perpetuating a stereotype or stigma associated with a particular race, culture, gender, ability or religion?
- Does this costume include a replication of a garment or item that is a significant component of a particular religion or culture of which I do not identify with?
- Is this costume depicting a historical time-period where that look/costume is now considered offensive and discriminatory?
- Does this costume represent elements of a culture or cultural practice that is being commodified for consumption?
- Can I confidently say that this costume choice would not be considered offensive to a particular race, ethnic origin, ability, gender or religion?

## Remember:

Halloween can be a time for fun. Think critically and creatively when choosing a costume that honours the dignity of each human person, so that everyone can enjoy themselves.

## Costume ideas should avoid the following:

(Please note that this is not an exhaustive list)

- Any cultural stereotype
- Blackface, Brownface
- The Covid-19 pandemic
- A person with differing abilities
- People with mental illness
- Body shaming
- Body objectification
- Animal cruelty
- Culturally specific references: e.g. Day of the Dead, Hula
- Differing lived realities e.g. homelessness, imprisonment
- Anything trivializing
- Anything mocking gender identity
- Anything transphobic
- Depictions of violence

Adapted from: <https://rights.info.yorku.ca/inclusive-halloween-costumes/>

**\$5.00 to participate in  
Spirit Days.**

**FREE if you paid your  
\$45.00 Activity Fee!**



Dufferin-Peel  
Catholic District  
School Board



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# Club Fair

## School Goal #2 Involvement



Several Clubs participated in the CLUB FAIR on October 3rd.  
Thanks to **Ms. Stewart & Ms. Brezina** for organizing the event.

## A Message from EcoTeam


### AUGUSTINE ECOTEAM

Augustine EcoTeam would like to promote the rock garden that's located outside the school in front of the football field. It's there for students to use and classes to have outdoor education. The trees were planted by St Augustine science classes last year. A reminder that our team meets every Tuesday at 7:30am in the music room (108). Follow [augustine\\_eco](#) on Instagram to learn more about what we do!






# Supporting Healthy Minds




## ST. AUGUSTINE ECO TEAM & FALCON FOODIES




### PC Snack Packs

Thanks to PC all students last week received a package with PC snacks!



### Reusable Bags

Please remember to reuse the bag which the food came in  
Thanks, Augustine Eco





*Thank You*





# Senior Sunrise



## Class of 2025

On October 17th, Seniors watched the sunrise together and enjoyed hot chocolate and breakfast.



Staff setting up breakfast



Staff enjoying the sunrise with the seniors



Staff serving breakfast





# IDPAD QUILT



On October 7, **Nadine Williams**, poet and author, attended St. Augustine C.S.S. to formally dedicate our **IDPAD (International Decade for People of African Descent) Quilt**. This project is created to recognize the decade, 2015-2024, as declared by the United Nations. Members of Augustine's Black Student Association (BSA) created the tiles that are featured on the uniquely designed installation. Thanks to Ms. Stewart and Ms. Williams for leading this project for our students.



**Nadine Williams**



# Truth and Reconciliation Week

## Illuminating Truths



On Wednesday, September 25th, nine of our students attended the **“Illuminating Truths: Bridging Generations to Reconciliation”** event. This event was co-hosted by the Dufferin-Peel Catholic District School Board and the Peel District School Board.

Students heard from residential school survivor, Geronimo Henry. Students also watched an interview with a member of the Saskatchewan Métis. These were followed by a variety of performances that included traditional dancing and a drum circle, as well as modern music, poetry, and comedy. The underlying message: Indigenous culture has survived and is resilient. We are all invited to support Indigenous talent as we move forward on the path to reconciliation.





# Truth and Reconciliation Week

## In Conversation With...

**Sept 26th**  
**10:00am - 11:00am**

LIVESTREAMED  
ON YOUTUBE

## In Conversation With Monica Ittusardjuat



Monica Ittusardjuat is a residential school survivor who grew up in a time when Inuit lived a subsistence way of life, moving camps and following animals where they were plentiful. Monica has thirty years of experience in education and language studies. She has taught in elementary and high schools, as well as in the Teacher Education Program at Nunavut Arctic College. She also worked at the National Inuit Organization for the unification of the Inuktitut writing system. After trying to retire, Monica started a new career as a Senior Inuktitut Editor, which she says is her "dream job".

Monica Ittusardjuat is an author of 3 books:

- 
- 
- 

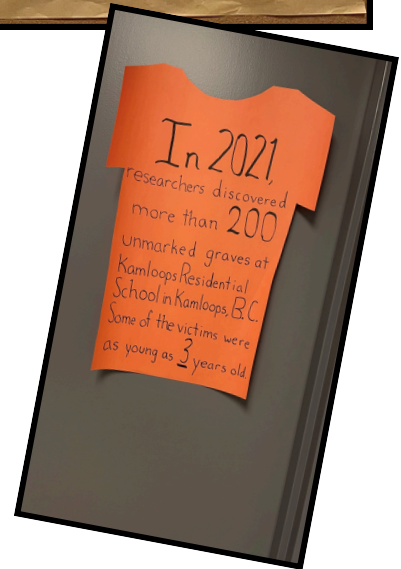
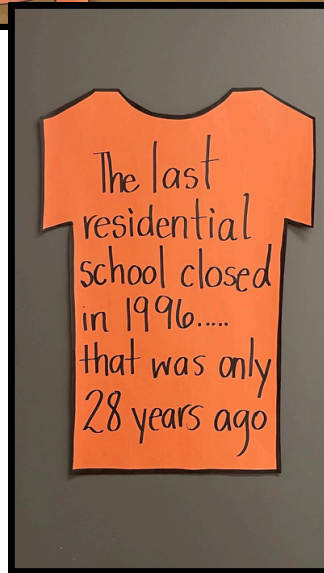
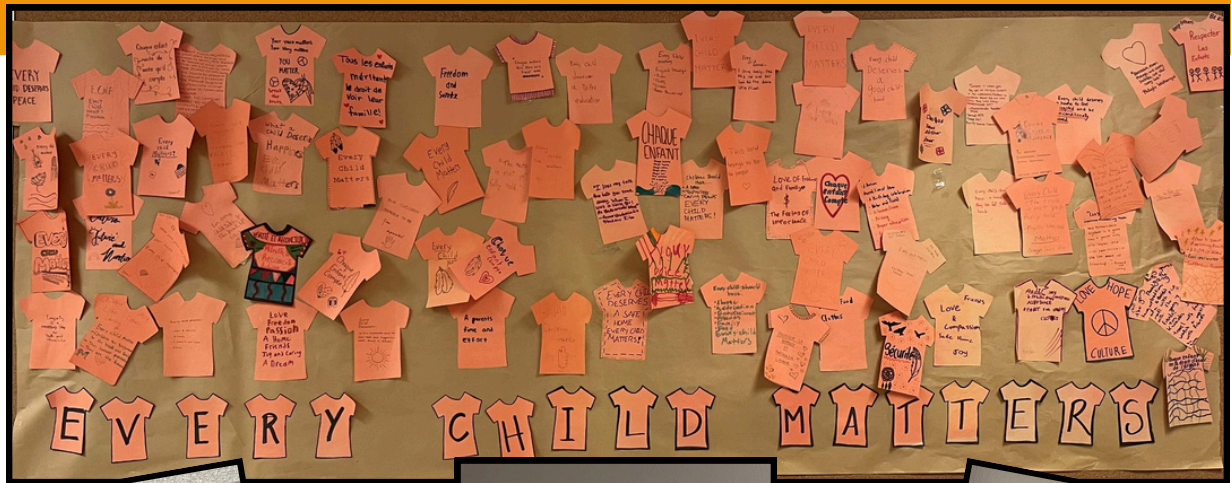



On Thursday Sept 26th over seventy students and their teachers listened to a virtual presentation from Residential School survivor, **Monica Ittusardjuat**. She is an accomplished and passionate educator. She spoke of her experiences growing up Inuit, the challenges of forceful removal from her community, and her hopes for the future. It was a truly valuable learning experience. Thank you, Monica!



# Orange Shirt Day – Sept. 30

## EVERY CHILD MATTERS



St. Augustine Students and Staff decorated doors with notable facts and wore orange shirts in solidarity for September 30th.

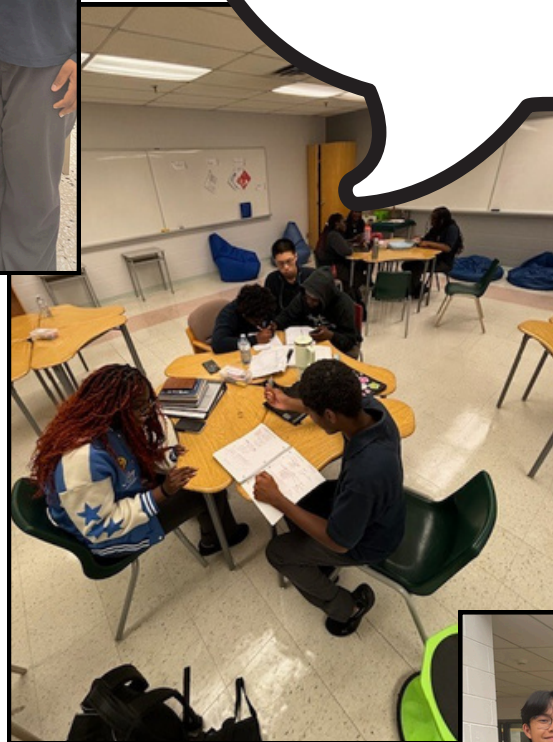


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# A2 Peer Tutoring

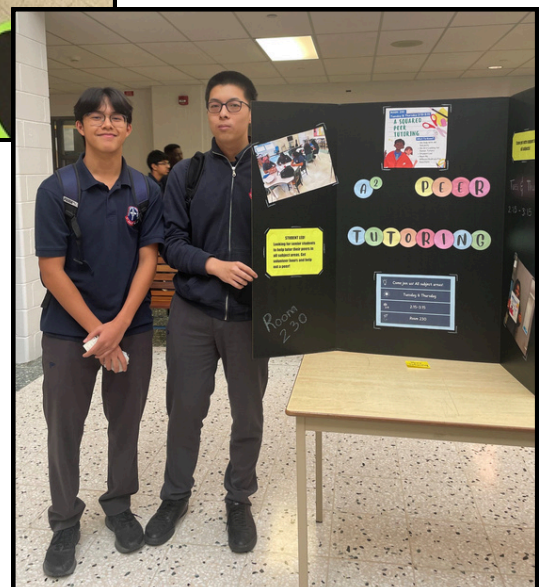
We meet every Tuesday and Thursday in Room 230 from 2:15-3:15 p.m.



“

All students are welcome

”



# GET TO KNOW ESL

## CHECK THIS OUT

### WE'RE HERE TO HELP!



Reminder to all ESL students:

**ESL Resource (room 201)** is open daily during **periods 1 and 3B/C**. Please ensure you're seeking support when needed.

Mrs. Awad



Ms. Gaglia

**Ms. Awad & Ms. Gaglia are our ESL Teachers**



**We are here to support our English Language Learners**

**Room 201 is a welcoming space!**



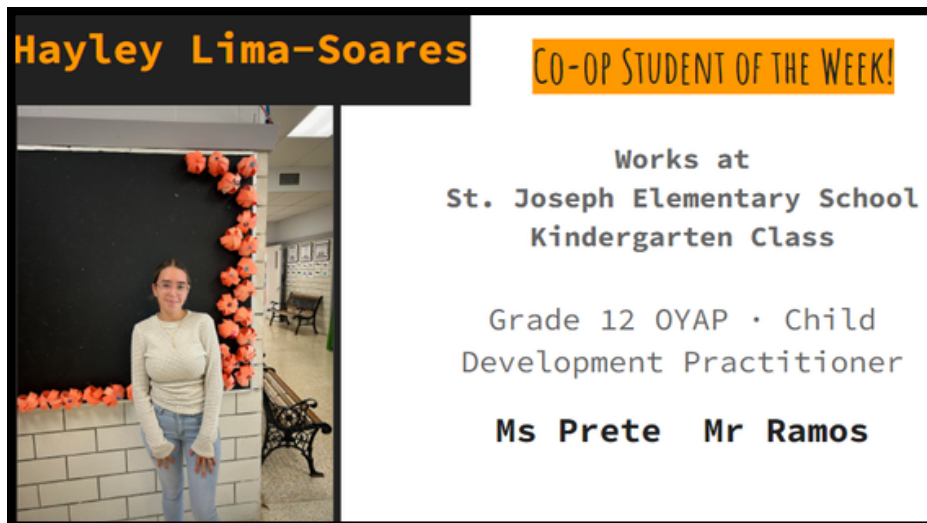
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# Co-operative Education



**Victoria**, a grade 11 student, who hopes to become a teacher, has been test-driving her career at St. Monica in a grade 1/2 classroom. Victoria has been developing a rapport with her students and created a bulletin board for the school, showcasing her creativity and dedication.



The Co-op experience allows students to apply classroom learning in real-world settings while exploring any profession that students plan on pursuing. If your child is interested in joining the Co-op program, please reach out to **Ms. Prete** or **Mr. Ramos** in the Co-op office to learn more about the opportunities available!



# Senior Boys' Volleyball



The Sr. Boys Volleyball team has had a busy and exciting start to their season. They are playing in the highest division, OFSAA, with very strong competition. On Friday September 27, the Senior Boys' Volleyball Team travelled to Erindale S.S. for their tournament. The boys returned as the tournament champions! Thanks to their coaches **Mr. Martinic, Mr. Puigmarti, and Ms. Reither.** Go Falcons!





# Junior Boys' Volleyball



This past week, the Junior Boys' Volleyball Team celebrated a fantastic victory, showcasing the power of teamwork and sportsmanship. Their positive attitudes, encouragement for one another, and impressive skills on the court were key to their success. It was a fantastic display of hard work paying off! Thanks to their coaches **Ms. Cano, Ms. Furtado, and Ms. Nuccitelli.** Great job Falcons!





# Thrive in Community

October 2024

Supporting Mental Health and Well-Being



## DPCDSB THRIVE in Community Newsletter

The DPCDSB Mental Health and Well-Being Team has created a THRIVE Community Newsletter to be shared with staff and families each month.

The link to the October edition of the THRIVE newsletter is: [THRIVE in Community Newsletter – October 2024](#)





# Peel Public Health: October 2024 School E-Blast



## LET'S TALK ABOUT VAPING

**Kids listen more than you think.** Caring adults have an important role to play in helping kids make decisions about their health such as vaping. Teens say parents are the biggest influence in their lives.

### VAPING IS NOT HARMLESS

Some risks for kids:

- Addiction to nicotine
- Difficulty learning and reduced impulse control
- Increased anxiety and stress
- Lung damage and changes to how the brain grows and develops

Young people who vape are more likely to start smoking cigarettes and try other drugs.

### SIGNS OF VAPING



Fruity smell



USB-like device



Bloodshot eyes



Conceal up sleeve



White smoke

**TALKING EARLY AND OFTEN IS ONE OF THE BEST WAYS TO KEEP KIDS VAPE-FREE**

### TIPS FOR TALKING ABOUT VAPING

#### Ask questions and listen more than you talk

Ask open-ended questions and restate what you hear. Ask:

**"What do you think about vaping?" or "So it sounds to me like..."**

#### You don't have to be an expert.

Be honest if there's something you don't know and take opportunities to learn together. Say something like,

**"I don't even know how much nicotine is in vapes; we'll have to Google that."**

#### Keep checking in

Kids' experiences and pressures are always changing, so keep talking. For example:

**"I've heard that kids are vaping more since COVID started. Have you noticed any change since returning to school?"**

#### Create a safe space

Be open, non-judgmental, caring and understanding. Say something like:

**"Of course, I hope you avoid vaping, nicotine addiction is hard and I don't want that for you; but that would never change the way I feel about you."**

#### Practice skills

Plan and practice what they could say to their friends. They could say:

**"I'm sure there will be kids vaping at this party; have you thought about how you might avoid that pressure?"**

#### Timing is important

Look for opportunities when you have their attention. For example when picking them up from school:

**"I've noticed quite a few kids vaping out front lately - what's up with that?"**

Adapted from Drug Free Kids Canada

**NotAnExperiment.ca**

# Peel Public Health: October 2024 School E-Blast



## WHY YOUTH VAPE

### YOUTH SAY THEY VAPE TO DEAL WITH STRESS, BUT THE TRUTH IS VAPING CAUSES MORE STRESS!

The high levels of nicotine in a vape affect the developing brain leading to feelings of stress, anxiety and depression.

**Nicotine addiction**  
increases stress  
hormones



**This can create stress:**



**In relationships:** Hiding vaping behaviour from family & friends can cause stress



**At school:** Nicotine impacts memory, concentration & the ability to learn



**With money:** The amount of money spent on vaping products can cause stress

**HELP YOUR KIDS BE VAPE FREE! TALK ABOUT HOW TO DEAL WITH STRESS AND WAYS TO RESIST THE PRESSURE TO VAPE.**

## WAYS TO DEAL WITH STRESS



- Listen to music.
- Talk with a friend or other trusted person.
- Go for a walk or choose your favourite way to get moving.
- Have a shower or bath to relax.

## HOW TO RESIST THE PRESSURE TO VAPE

### Delay answering:

"Can't right now, I'll meet up with you later."

### Suggest something else:

"I don't want to right now, wanna play some ball?"

### Make a joke:

"Thanks, but I'm already addicted to air!"



QUIT HELP



MORE INFO



MENTAL HEALTH



RESIST

For more information and ideas, visit

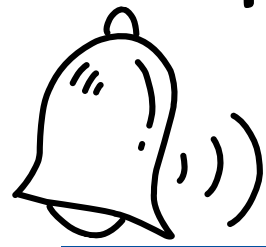
**NotAnExperiment.ca**

CE3-0883 24/04





# PARENTS/GUARDIANS GET INVOLVED!



## CATHOLIC SCHOOL COUNCIL:

2024-2025

### CHAIR

L. Clark

### TREASURER

A. D'Agostino-Ojar

### CO-SECRETARIES

A. Cunningham & M. Vigneault

### PARISH REPRESENTATIVE

T. Picardo

### OAPCE REPRESENTATIVE

L. Clark

### PARENT REPRESENTATIVES

A. Kanakaraj, K. LaNave, V. Ojar,  
P. Panesar, K. Porter-Oviedo



Dufferin-Peel  
Catholic District  
School Board

*Extraordinary Lives Start With  
a Great Catholic Education*

*Get involved in  
Your local CSC –  
Catholic School Council*  
**VOLUNTEER**  
*you can make a difference!*



## FUTURE MEETINGS:

**Wed. Nov. 27**

**Wed. Feb. 12**

**Thurs. April 24**

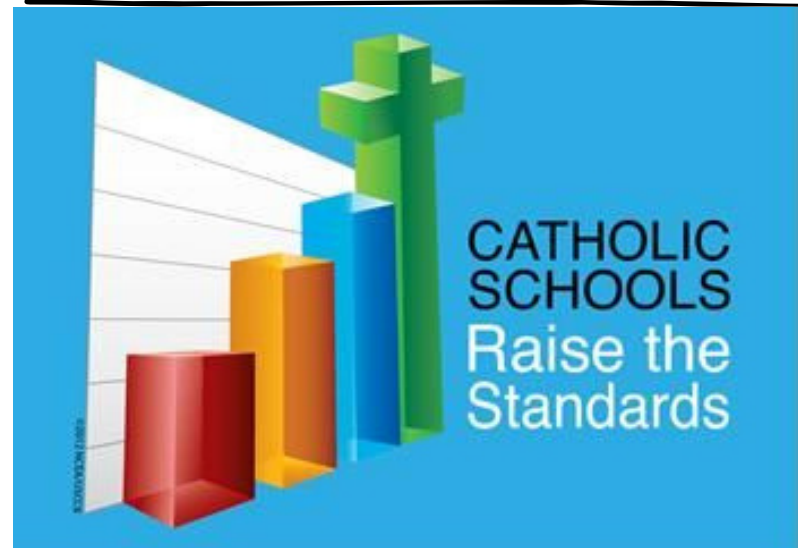
**(Public Budget Consultation)**

**& Wed. May 14**

**@ 6:30 p.m.**

**in the**

**School Library**



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# REMINDERS

**DON'T FORGET**

**All new and returning students are to pay the \$45 Activity Fee for 2024-2025 via SchoolCashOnline.**

**<https://dpcdsb.schoolcashonline.com/>**

**CLICK HERE**

## 2024-25 **\$45.00 Activity Fee**

Have you paid for your Activity Fee???

- Your Activity Fee helps to fund Student Council activities, Spirit Days, Special events, Awards, etc.
- The Activity Fee is paid through **SchoolCashOnline**
- If you do not pay your fee, you will be charged **\$7 to participate in Civvies Days, \$5 to participate in Spirit Wear days**, and other fees for participating in special events
- **REMINDER** - Fridays are regular uniform days. Spirit wear is only permitted when announced in advance





# REMINDERS

## SEMI-FORMAL

- THURS. NOV. 28, 2024 (5-10PM)
- GR. 9, 10, 11
- BUFFET DINNER / DANCE
- \$65
- BUY YOUR TICKETS NOW ON SCHOOL CASH ONLINE UNTIL NOV. 10TH

### Travel for Credit

Grade 11 & 12 Photography in Italy (AWQ3M / AWQ4M)

March Break 2025



**ZOOM INFO NIGHT TUESDAY OCT 22 7-8pm**

[eftours.ca/trc:orcredit/Dufferin-PeeI](https://eftours.ca/trc:orcredit/Dufferin-PeeI)

RSVP to join us online



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# REMINDERS

DPCDSB'S B.E.S.T. COMMITTEE  
INVITES YOU TO THE 3RD ANNUAL  
**BLACK EXCELLENCE PROFESSIONALS EXPO**  
2024

**WEDNESDAY | 6 | NOVEMBER**

Notre Dame C.S.S.  
2 Notre Dame Avenue  
Brampton ON

6:00 PM

**REGISTER HERE**



Black secondary students can connect with Black professionals to discuss career pathways

Meet Recruitment Officers from various colleges & universities to discuss:

- post-secondary programs
- co-op options
- summer employment
- scholarships & bursaries
- life on campus for Black students

Dufferin-Peel Catholic District School Board

**BLACK GIRLS DROP ZONE**  
3 WEEK EMPOWERMENT PROGRAM FOR GIRLS AGES 14-18

**IN PERSON SESSIONS OR VIRTUAL SESSIONS**

**OCTOBER DATES**  
OCT. 15, 16  
OCT. 21, 22  
OCT. 28, 29

**NOVEMBER DATES**  
NOV. 5, 6  
NOV. 12, 13  
NOV. 19, 20

Susan Fennell Youth Hub  
500 Ray Lawson Blvd  
Brampton  
5:00-6:30PM

ON Zoom  
6:30-7:30PM



**FUN/PRIZES/SNACKS/VOLUNTEER HOURS**

**LET'S CHAT ABOUT**

- BEING ME
- BACK TO SCHOOL STRESS
- HEALTHY RELATIONSHIPS
- SELF-CARE
- FINANCIAL FITNESS
- SUBSTANCE

Register Here



www.btcbethethechange.org  
admin@btcbethethechange.org

BTC





# REMINDERS

DOWNLOAD NOW >>



## My School Day

Quick Start for Students  
and Parents

Fall 2024

### 1. Download the app

You can find the app - *it's free to download!* - on the App Store (iOS) or Google Play (Android) by

- Searching in the store for "My School Day"
- Going to <https://myschoolday.app/download> in the browser on your phone
- Using the QR code at right.



Make sure to allow it to receive notifications when asked - the school will use them to send out important reminders, information and alerts.

### 2. Select your school

The first time you start the app you will need to select your school. Choose a province, school district, and finally your school from the lists provided, and tap "confirm". *This only needs to be done once.*

### 3. Follow channels.

Channels let the school administration and teachers send out information specific to your classes and activities, so you get only those notifications for your classes and those of interest to the entire school. To subscribe to channels:

- Tap on the "Classes" icon
- Tap "Follow Channels" in the menu
- Tap the checkboxes for the channels you are interested in
- Tap on the "Done" button.

**Remember to check back regularly for new channels** that your teachers may have added.



### 4. Enter your classes

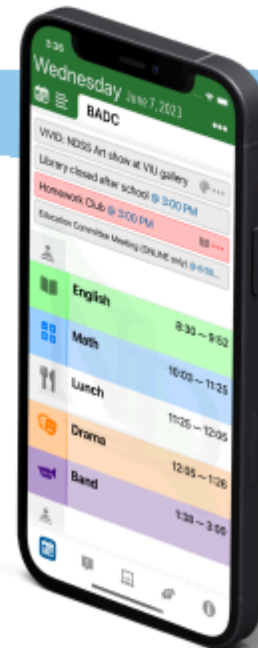
Tapping on the classes icon also gives you an option to set up your timetable. Select that option and enter your class names and select colours and icons. You can also enter morning, lunch, and after school activities. When you tap on "Done", the app will fill in your timetable.

### 5. Access school information, links and files

The school and teachers will add links and files that provide resources to the school community such as course materials for remote learning, health advisories, and other school, district, and provincial information. To access these school-wide and channel-specific resources:

- Tap the Info icon at the right hand side of the tab bar:

Remember to check back regularly for new resources that your teachers may have added.





# MONTHLY VIRTUE

OCTOBER 2024

## Empathy

EMPATHY:

i feel  
your  
pain.

SYMPATHY:

i'm SORRY  
that you're  
in pain.

**Empathy is the ability to put  
oneself in another's shoes  
and the capacity to feel  
what the other person is  
feeling.**



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FALCON NEWS | Page 26



# **ST. AUGUSTINE CATHOLIC SECONDARY SCHOOL**

**PRINCIPAL:**  
**Sophia Maloney**

**VICE PRINCIPALS:**  
**Debbie Duke-Kelly and Teddi Lowie**

**CHAPLAINCY LEADER:**  
**Marc Puigmarti**

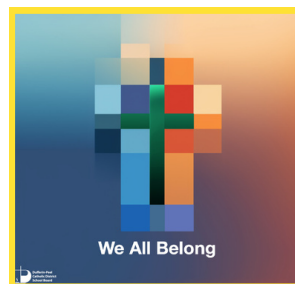
**PARISH and PASTOR:**  
**St. Jerome's Parish, Fr. James**

**CHAIR of the BOARD:**  
**Luz del Rosario**

**DIRECTOR of EDUCATION:**  
**Marianne Mazzorato**

**SUPERINTENDENT of SCHOOLS:**  
**Brian Diogo**

**SCHOOL TRUSTEES:**  
**Anisha Thomas (Brampton Ward 1, 3 & 4)**  
**Darryl D'Souza (Brampton Ward 5, 6)**



***Extraordinary lives start with a great Catholic education.***

Dufferin-Peel Catholic District School Board



**EVER ANCIENT, EVER NEW.**